



# Week Three



Hot Meal

Vegetarian  
Choice

Vegetables

Dessert

Mon

SAUSAGE & MASH WITH  
ONION GRAVY  
SPECIAL OF THE DAY

BROCCOLI & CAULIFLOWER  
GRATIN

SEASONAL VEGETABLES

PEACH & APRICOT  
MACAROON PUDDING WITH  
CUSTARD

Tues

ORGANIC BEEFBURGER IN A  
BUN WITH POTATO WEDGES &  
SALAD  
SPECIAL OF THE DAY

VEGETABLE STIR FRY

SEASONAL VEGETABLES

APPLE & RASPBERRY PIE &  
VANILLA ICE CREAM

Weds

ROAST CHICKEN WITH SAGE  
& ONION STUFFING AND  
ROAST POTATOES  
SPECIAL OF THE DAY

ROASTED SUMMER  
VEGETABLES & CHICKPEAS  
WITH PASTA

SEASONAL VEGETABLES

PINEAPPLE SHORTCAKE

Thurs

BEEF ENCHILADA WITH  
POTATO WEDGES  
SPECIAL OF THE DAY

VEGETABLE LASAGNE WITH  
GARLIC BREAD

SEASONAL VEGETABLES

SUMMER FRUIT DRIZZLE  
CAKE & CUSTARD

Fri

CRISPY BATTERED FISH  
& CHIPS  
SPECIAL OF THE DAY

CHEESE & TOMATO QUICHE

SEASONAL VEGETABLES

CHOCOLATE SURPRISE CAKE  
& CHOCOLATE SAUCE

