



Week Three



Hot Meal

Vegetarian
Choice

Vegetables

Dessert

Mon

SAUSAGE & MASH WITH
ONION GRAVY
SPECIAL OF THE DAY

BROCCOLI & CAULIFLOWER
GRATIN

SEASONAL VEGETABLES

PEACH & APRICOT
MACAROON PUDDING WITH
CUSTARD

Tues

ORGANIC BEEFBURGER IN A
BUN WITH POTATO WEDGES &
SALAD
SPECIAL OF THE DAY

VEGETABLE STIR FRY

SEASONAL VEGETABLES

APPLE & RASPBERRY PIE &
VANILLA ICE CREAM

Weds

ROAST CHICKEN WITH SAGE
& ONION STUFFING AND
ROAST POTATOES
SPECIAL OF THE DAY

ROASTED SUMMER
VEGETABLES & CHICKPEAS
WITH PASTA

SEASONAL VEGETABLES

PINEAPPLE SHORTCAKE

Thurs

BEEF ENCHILADA WITH
POTATO WEDGES
SPECIAL OF THE DAY

VEGETABLE LASAGNE WITH
GARLIC BREAD

SEASONAL VEGETABLES

SUMMER FRUIT DRIZZLE
CAKE & CUSTARD

Fri

CRISPY BATTERED FISH
& CHIPS
SPECIAL OF THE DAY

CHEESE & TOMATO QUICHE

SEASONAL VEGETABLES

CHOCOLATE SURPRISE CAKE
& CHOCOLATE SAUCE

