

Overview of RAS Hour Y7-11 **RSE/PSHE - How to be healthy / Citizenship - living in a wider world / Careers / RS (KS4)** bolded lessons = where a short assessment will take place

Yr	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39
7	<p>How can we engage positively with others?</p> <ul style="list-style-type: none"> - Introduction to YHS / RAS Hour - How do you interact with people from other backgrounds? - How do you confidently share your ideas? 			<p>What are different types of relationships?</p> <p>- How can I have positive friendships?</p> <ul style="list-style-type: none"> - What are key features of safe and positive relationships? - How can I avoid peer pressure? - What are the different types of family? - How can we get over a breakup? 				<p>How can I live a healthy life?</p> <p>- How are we leading healthy lives?</p> <ul style="list-style-type: none"> - How am I fuelling my body properly? (inc dental hygiene) - What are the potential consequences of an unhealthy lifestyle? - What are the dangers of cigarettes and alcohol? - How can I ensure I react properly? - Why is sleep so important for positive mental health? 				<p>What is Citizenship?</p> <ul style="list-style-type: none"> - What is Citizenship? - What are 'British Values'? 		<p>How do you govern the UK?</p> <p>- What is Parliament?</p> <ul style="list-style-type: none"> - What is local government? - What about public funding? 		<p>Why are there so many parties in Parliament?</p> <ul style="list-style-type: none"> - What are elections? - Why are there so many parties? - What is devolution? 		<p>What is life like in Britain?</p> <p>- What is the makeup of the UK?</p> <ul style="list-style-type: none"> - Why does modern Britain look like it does? 		<p>RSE - How are bodies changing?</p> <ul style="list-style-type: none"> - What is puberty? - What are periods? 		<p>RSE - How am I in control of external influences?</p> <ul style="list-style-type: none"> - What is body image? - How can social media affect my view of myself? - How can I have a positive inner monologue? 		<p>What is Britain's relationship with the world?</p> <p>- Why are many countries connected to Britain?</p> <ul style="list-style-type: none"> - How do different people view Britain's relationship with the world? - What are Britain's current connections to the world? 		<p>How has the world influenced "our" Britain?</p> <ul style="list-style-type: none"> - How is our language influenced by the world? - How are our celebrations influenced by the world? - How is our food influenced by the world? 		<p>Careers - to be integrated</p> <ul style="list-style-type: none"> - START profile (Week 15) - MP - Climate change activist - Journalist <p>These will be interspersed as best appropriate for the broader curriculum.</p>											
8	<p>Review of Y7 - low stakes test</p>	<p>RSE - What are positive experiences of adult relationships?</p> <ul style="list-style-type: none"> - Healthy relationships recap - LGBTQAI - Positive sexual relationships - Same sex relationships - Families and marriage 			<p>What challenges does Parl face?</p> <ul style="list-style-type: none"> - What are the different levels of governance? - How do party politics limit its effectiveness? - What are the different voting systems? 			<p>What skills do I need to succeed in the workplace?</p> <p>- Skills</p> <ul style="list-style-type: none"> - What skills do I need in the workplace? - Communication in the workplace - Careers sectors 			<p>What are the challenges of modern Britain?</p> <p>- Why is racially motivated crime on the rise?</p> <ul style="list-style-type: none"> - What is extremism? - What is terrorism and its dangers? - What is the importance of Prevent? 			<p>RSE - How can people keep safe?</p> <ul style="list-style-type: none"> - What is consent? - What is contraception? - What are STIs? - How can we keep safe from online grooming? - What are the dangers of sexting and nude photos? 			<p>What are further challenges of modern Britain?</p> <ul style="list-style-type: none"> - Does the law do enough to prevent ableism? - Are disorder notices effective at solving crime? - Why is knife crime still an issue? 		<p>Why are human rights so important to protect?</p> <ul style="list-style-type: none"> - What are human rights and why do refugees seek refuge? - What are challenges to human rights? - What is the UN's role in protecting human rights? - How is this exemplified by Ukraine? 		<p>Why is charity so important in the 21st century?</p> <ul style="list-style-type: none"> - How can we volunteer? - What is the role of UNICEF in the world? - How has the role of the Red Cross changed over time? - How can we effect +change in society? 		<p>Why is it so important to talk about money?</p> <ul style="list-style-type: none"> - How can I manage my money? - What is budgeting? - Why is it important to be honest about financial issues? - What is risk management? - What is the purpose of insurance? 		<p>Careers</p> <p>Language related career</p>														
9	<p>Review of Y8 - low stakes test</p>	<p>RSE Pregnancy - What are key features of pregnancy?</p> <ul style="list-style-type: none"> - What are positive sexual relationships like? - How can we reduce the stigma around miscarriage? - What are a woman's choices with an unwanted pregnancy? - Why do we learn about fertility and the menopause? 			<p>What are the wider influences on Britain?</p> <ul style="list-style-type: none"> - What is the current situation with anti-racist campaigns? - Has the woman's movement achieved its goal? - Why is PRIDE so significant? - What can we learn about climate change activism? 		<p>What does community cohesion look like in practice?</p> <ul style="list-style-type: none"> - What is community cohesion? - What is the role of the police with anti-social behaviour? 		<p>How can we ensure our wellbeing?</p> <ul style="list-style-type: none"> - What are the effects and dangers of drugs? - What are the dangers of alcohol? - What are NPSes? - How can I protect myself from the dangers of county lines? - What are the impacts of drugs on mental health? 			<p>How am I preparing for my future?</p> <ul style="list-style-type: none"> - Where are jobs advertised? - LMI - STEM - Post-16 		<p>RSE: How can I mitigate risk from dangerous issues?</p> <ul style="list-style-type: none"> - What is CSE? - What are the signs of abusive relationships? - What are the dangers of pornography? - What do we need to know about stalking and sexual harassment? - Why do we learn about FGM? - How do honour violence and forced marriage affect people? 			<p>What are the challenges of modern Britain's legal system?</p> <p>- What is the legal system?</p> <ul style="list-style-type: none"> - Case study - Sofyen Belamouadden - What are tribunals? - Should drugs be legalised? - What are key features of international law? 		<p>How is Parliament etc held to account?</p> <ul style="list-style-type: none"> - What are the executive, legislative and judiciary? - Why is a free press so significant? - What is the role of inquiries? 		<p>Brit values in action</p> <ul style="list-style-type: none"> - Where are British Values around the world? - Where are other British Values around the world? 		<p>What do governments around the world look like?</p> <ul style="list-style-type: none"> - What does Cuba's government look like? - Has the Arab Spring changed governance in Africa? - What power does the USA's president have? 																

10	Review of Y9 - low stakes test	<p>How can we effectively interact with others?</p> <ul style="list-style-type: none"> - How do we share views? - How do we listen? - How do we interact from different backgrounds? 	<p>What are the challenges to having positive relationships?</p> <ul style="list-style-type: none"> - What are different types of relationships? - What is marriage and what are its legal benefits? - What are coercive and controlling relationships? - What are fundamental features of safe sex? - Why is it so important to learn about rape and sexual assault? - What is everyday sexism? - Why is revenge porn so damaging? - RS Case study 	<p>How is Britain governed?</p> <ul style="list-style-type: none"> - What is the role of National Government? - How does Local and Regional government operate? - How do we elect our governments? 	<p>How is modern Britain changing?</p> <ul style="list-style-type: none"> - What does the census reveal? - What are contemporary issues? - How do party politics affect Brit's effectiveness? 	<p>How can we live healthy lives?</p> <ul style="list-style-type: none"> - What is the importance of self-examinations? - How can I build good mental health? - What are effective healthy coping strategies? - How can I support someone self-harming? - What are the signs of eating disorders? - What do I need to know about depression and anxiety? - How can I be emotionally resilient? 	<p>How can I understand the wider world?</p> <ul style="list-style-type: none"> - What is the Israel-Palestine conflict all about? - Why isn't there any progress? - Why can NI people have 2 passports? - Has there really been prog? - Are these religious issues? 	<p>How can I best prepare myself for the workplace?</p> <ul style="list-style-type: none"> - Aspirations - Interview skills - CV skills - Entrepreneur / how to find a job! / apprenticeship - Digital footprint 	<p>What is the broader world like?</p> <ul style="list-style-type: none"> - What are key features of dictatorships? - What is New Zealand's government like? - What is the role of the UN in the wider world? - What does postcolonial mean? 	
11	Review of Y10 - low stakes test	<p>Healthy Lives</p> <ul style="list-style-type: none"> - What does a positive sense of self look like? - What are effective revision strategies? 	<p>How can I look after my finances?</p> <ul style="list-style-type: none"> - How can I live independently? - What do we need to know about credit and debit? - How can I budget effectively? - What does tax look like on my wages? - What are key features of savings and loans? 	<p>What is a citizen's role in contributing to the community?</p> <ul style="list-style-type: none"> - What is volunteering? - How can people volunteer? - How can we tackle anti-social behaviour? - What are the key features of working as part of the community? 	<p>Mocks - ethical debate</p> <ul style="list-style-type: none"> - Should euthanasia be legalised? - Should young people be allowed to claim benefits? 	<p>How does religion affect our lives today?</p> <ul style="list-style-type: none"> - How has religion affected our art and architecture? - How has religion influenced science and medicine? - How has religion influenced politics and freedom? 	<p>What is a citizen's role in Parliament?</p> <ul style="list-style-type: none"> - Why should a citizen vote? - What is the importance of the rule of law? - How can Parliament be held to account? 	<p>What do I need to know about longer term finances?</p> <ul style="list-style-type: none"> - What is the purpose of insurance? - Why are pensions so important? - What does 'financial products' mean? - Why is online gambling something to be wary of? 	<p>RSE - What are the key features to review before leaving YHS?</p> <ul style="list-style-type: none"> - What are key features of consent and nude photos? - What do different types of relationship look like? - What are fundamental features of safe sex? - How can we avoid toxic relationships? 	<p>What is modern Britain?</p> <ul style="list-style-type: none"> - What is the ethnic makeup of Britain? - What are the problems in Britain? - What is Britain's relationship with the world?