

TOPIC: C3 - C1 Health and wellbeing improvement plans

What are we learning about?

We are learning about the factors that we need to take into consideration when creating a health and wellbeing support plan.



Why are we learning about it?

Section B of the external exam, requires us to create an action plan to support the individual in the case study, to improve their health and wellbeing.



What new **KNOWLEDGE** will I gain?

You will learn about SMART targets and a person centred approach, with the reasons why these are important factors to take into account when creating and action plan.



How does this build on the **SKILLS** I already have?

This will build on the skills that we developed in C2, of matching suitable services to the needs of individuals.



What new **SKILLS** will I develop?

We will learn how to create a SMART support plan, based on the needs, wishes and circumstances of the individual in the case study.



How does this build on the **KNOWLEDGE** I already have?

In C2 we learned about care values, services and barriers to access.