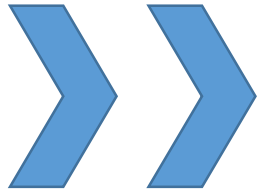TOPIC: C3 B1 & B2 Interpreting Physiological indicators & Lifestyle data

What are we learning about?

We are learning about the Physiological indicators and lifestyle data that can affect a persons health and how to interpret the measurements.

Why are we learning about it?

Question 3 of the external exam asks you to explain the current and future risks of physiological and lifestyle data, to be able to do this, you need to be able to interpret physiological data.

What new KNOWLEDGE will I gain?

We will learn how to measure each physiological indicator, how to interpret it and what the current and future risks of the indicators will be for an individuals health and wellbeing. We will look at the current and future risks, from lifestyle data.

How does this build on the SKILLS I already have?

We will build on the skills from A1 of deconstructing the case study, to extract the relevant information needed, to respond to the question.

We will also build upon the clarity of responses, using mark schemes.

What new SKILLS will I develop?

We will learn how to use published guidelines and statistics, to interpret each of the physiological indicators and lifestyle data.

How does this build on the KNOWLEDGE I already have?

This will build on the knowledge we have of factors affecting health, wellbeing and PIES.