

RAS: Year 7 Autumn Learning Journey 1: Introduction to YHS and Positive Relationships

What are we learning about?

We are introducing ourselves to one of our three key strands – Citizenship. We'll learn about how to interact appropriately with others, including how to communicate our views. We'll then look at positive relationships and how to tackle toxic friendships.



Why are we learning about it?

We are learning about these units this term because it's important to start your time at York High School with an introduction to how to interact with new people. It's also important to frame our understanding of relationships in a positive manner.



What new KNOWLEDGE will I gain?

- Resilience, Aspiration and Success
- How to interact with others
- How to listen to other perspectives which are different
- Positive friendships
- Types of relationships
- Peer pressure



Citizenship

Keeping Safe

Careers



How does this build on the SKILLS I already have?

You will have seen Resilience and confidence in primary school, but may have had different terms for them.

By working on these skills in particular, it will utilise your current ability to work with your peers.



What new SKILLS will I develop?

We will develop our understanding of Resilience, Aspiration and Success, which are also in other lessons.

We will be working specifically on determination and independence, which are traits associated with developing Resilience in school.



How does this build on the KNOWLEDGE I already have?

In primary school, you should have learnt what safe relationships involve. This will build on that understanding and will fill gaps on any topics you missed due to Covid-19.