



NEWS LETTER



engagement@yiks.co.uk

Parent Carer Forum Update

York Inspirational Kids has hosted the Parent Carer Forum in York since 2020. The decision has been made that the Parent Carer Forum in York will now move forward to becoming its own independent organisation with charity status. We anticipate that this will happen in April or May 2024. The Parent Carer Forum would like to thank York Inspirational Kids for hosting the service for the last few years and both organisations look forward to continuing to work closely together. For Parent Carer Forum details email engagement@yiks.co.uk or see our website www.parentcarerforumyork.org.





Coffee Morning

Come Join us for a peer support coffee morning. All welcome.

Monday 19th February 10am
The Range Cafe
Huntington York
FIRST DRINK ON US

Better Gym

Yearsley Grove, Aqua Splash SEN Session **Friday 16th February** 14:00 - 14:50 Reduced capacity and no music

https://www.better.org.uk/leisure-centre/york/yearsley-pool/aqua-splash

Energise York Inclusive Swim

Tuesday 13th February 10:30 - 11:30

https://www.better.org.uk/leisure-centre/york/energise/timetable





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Connecting Families Online Group



Monthly evening group session for parents and carers of children and young people with vision impairment (0-25 years)

Next Zoom session:



Tuesday 16th January, 7-8pm

"Meet and Greet 2024!"



To register email: familiesfirst@rsbc.org.uk



Registered Charity No. 307892

New Play Experience in York

Oxygen Active Play is opening on Monday 12th February . It is more than just trampolines. It's a high-thrills universe where the experience comes first – whether you're a parent or child. State-of-the art facilities with trained leisure staff. Peaceful play sessions promise all the activities but calmer and with fewer visitors

https://oxygenfreejumping.co.uk/activity -parks/york/peaceful-play/ Every **Wednesday and Sunday afternoon** See link for booking and further details



Burnholme Drop In

Tuesday 13th February



11am- 13:00 pm SENses only (Hob Moor and Applefields main site children)

Thursday 15th February 9am - 11 am all SEN

10:30 - 12:00 noon SENses only (Hob Moor and Applefields children only)