



Family Matters York and Care for the Family

Acknowledgement

(Parenting courses & events)



Family Matters York works in affiliation with Care for the Family (CFF), using CFF resources as the basis for parenting course and event content. Care for the Family is committed to developing high-quality resources that acknowledge current evidence-based research. Both Care for the Family and Family Matters York are well-established and recognised charities, supporting families for over 20 years.

Family Matters York delivers CFF course content using facilitators trained and accredited by Care for the Family. Their role is to provide a safe space for informative, constructive and positive parent discussion around the course content. These courses cover a range of parenting stages from the Early Years through to the Teenage Years, as well as delivering courses with a more specific focus such as 'Handling Anger in the Family' or 'Time out for Parents: Additional Needs'.

Disclaimer: The resources provided by Care for the Family and Family Matters York are designed to provide parents and carers with useful information and strategies that may assist them in raising children. However, they are not designed to replace the professional advice or counselling of a general practitioner, psychologist or children or family professional. Every attempt has been made to ensure that the content of the courses is accurate and up to date. However, Care for the Family and Family Matters York make no claim that the material is exhaustive and is aware that some of the opinions expressed in the material may be open to debate among professionals in the field.

Please refer to their websites for more information about the charities:

<https://www.careforthefamily.org.uk/>

<https://fmy.org.uk/>